

Curate Hospitals Overview

Curate is an independent provider of specialist and secure psychiatric services. We specialise in the rehabilitation and treatment of patients with a primary diagnosis of an enduring mental illness and people who have complex mental health needs. Our patient profile includes both men and women over the age of 18 years with a primary diagnosis of a mental health problem and / or complex secondary healthcare problem. Many patients in our facilities are detained under the Mental Health Act (1983).

We provide high levels of quality care and treatment supported by Evidence Based Practice. This includes a complete assessment of the needs of each individual in order to develop treatment programmes that encompass a patient's biological, psychological, social and spiritual needs within a measurable framework.

Advocacy forms an integral part of Curates "needs led" care planning and delivery and we work closely with independent mental health advocacy services.

Our philosophy is to deliver "needs led" care and support programmes, which enable patients to attain their optimum level of functioning and independence.

Curate Ensures The Development and Delivery of Quality Services Through:

- Quality Assurance Accreditation
- Multi Disciplinary Team
- Individualised Treatment Plans
- Outcome Based Evaluations
- Clinical Governance
- Comprehensive Risk Assessment Procedures
- Rigorous and Robust Assessments and Admission Framework
- Stakeholder Involvement
- Advocacy Support
- Safe, Sound and Supportive Environments



Care Model

OUR SERVICE MODELS HAVE AT THEIR CORE:

ASSESSMENTS AND ADMISSIONS

Rigorous and Comprehensive Assessments

PLANNING AND RECOVERY BASED MODEL

"Needs Led Treatment Plans including Enhanced CPA"

THERAPEUTIC PROGRAMMES

Full Occupational and Recreational Therapeutic Programmes for Patients

MULTI-DISCIPLINARY TEAM

Skilled and Experienced Multi Disciplinary Team

OUTCOMES

Outcome Based Evaluations

QUALITY ASSURANCE

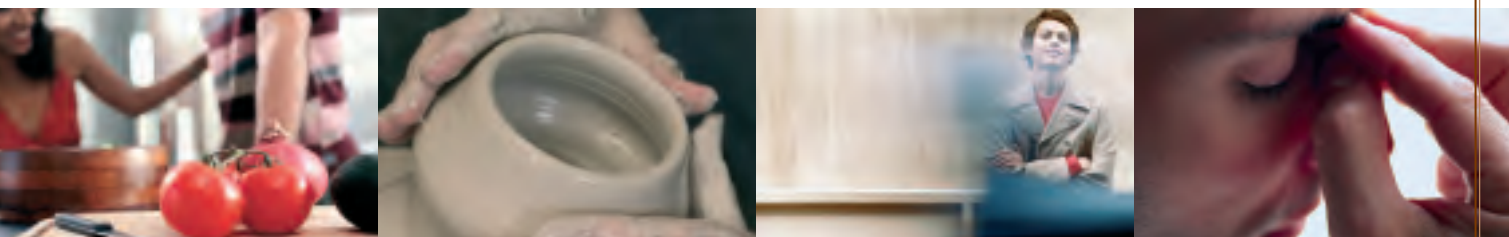
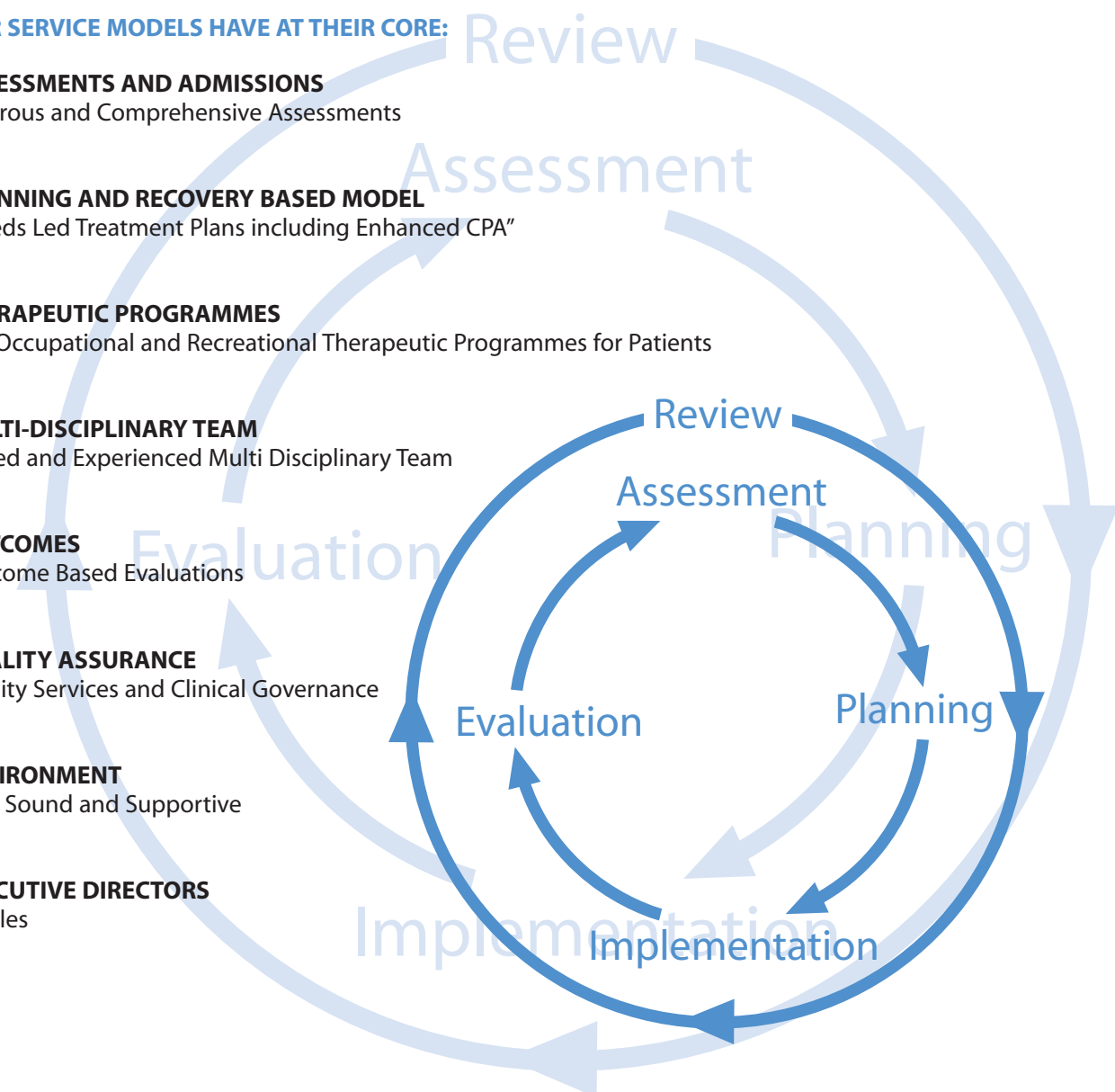
Quality Services and Clinical Governance

ENVIRONMENT

Safe, Sound and Supportive

EXECUTIVE DIRECTORS

Profiles



For Further Information
Please Call:
Freephone 0808 1661413



Curate Hospitals, Suite 15B, Stone Cross Lane North
Stone Cross Place, Lowton, Warrington, Cheshire WA3 2SH

Assessments & Admissions

Curate has developed a comprehensive assessment framework to ensure that we can determine a patient's needs and compatibility prior to admission to one of our services.

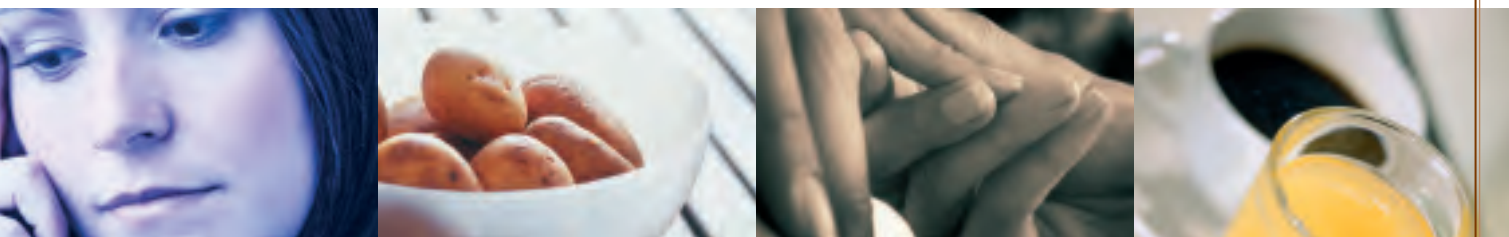
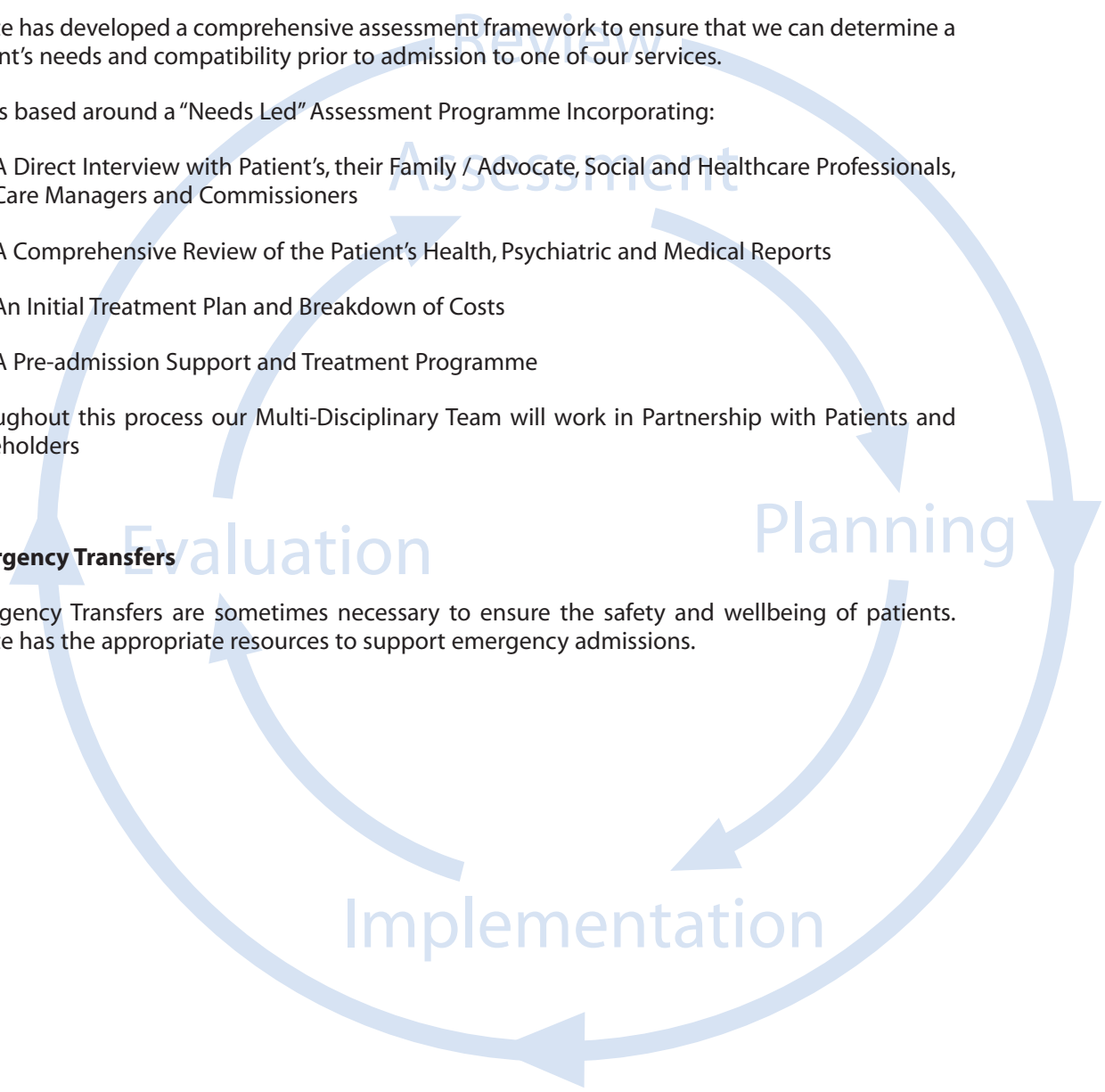
This is based around a "Needs Led" Assessment Programme Incorporating:

- A Direct Interview with Patient's, their Family / Advocate, Social and Healthcare Professionals, Care Managers and Commissioners
- A Comprehensive Review of the Patient's Health, Psychiatric and Medical Reports
- An Initial Treatment Plan and Breakdown of Costs
- A Pre-admission Support and Treatment Programme

Throughout this process our Multi-Disciplinary Team will work in Partnership with Patients and Stakeholders

Emergency Transfers

Emergency Transfers are sometimes necessary to ensure the safety and wellbeing of patients. Curate has the appropriate resources to support emergency admissions.



Planning & Recovery

PLANNING AND RECOVERY BASED MODEL

Care Programme Approach (CPA)

Curate is committed to the development of services, which are used by patients to support their recovery and rehabilitation.

All patients have individualised treatment plans based on the recovery model, assessed need, personal goals and aspirations. The involvement of patients is an integral part of this process; patients are encouraged to work closely with the Multi-Disciplinary Team in setting their objectives.

The Treatment Plan Includes the Following Elements:

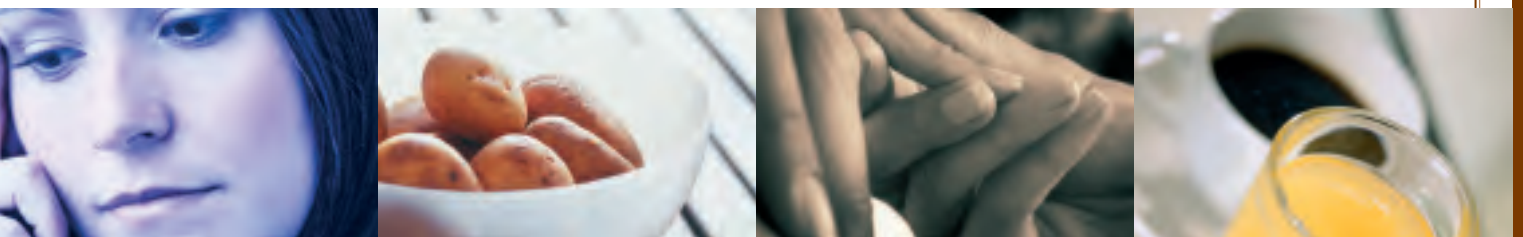
- A Comprehensive Assessment of the Patient's Health and Social Needs
- Development of Treatment Plan, based on the Recovery Model
- The Appointment of an External Advocacy Representative to Support the Patients in the Development and Implementation of their Plan
- Multi Disciplinary Team Review Process
- Development of the Treatment Plan to Encompass Review Findings

For Patients who are detained under the Mental Health Act (1983) all care and treatment plans are reviewed and delivered within the framework of Enhanced Care Programme Approach.

Components that are Incorporated, within the Recovery Based Model include:

- | | |
|----------------------------------|-------------------------|
| • Clinical Care | • Stigma |
| • Family Support | • Community Involvement |
| • Peer Support and Relationships | • Access to Resources |
| • Work / Meaningful Activity | • Education |
| • Power and Control | • Sensory Support |

Our Treatment Plans are designed to have realistic goals that have real meaning to our Patient's and give motivation and hope to assist in their recovery.



Therapeutic Activities

Individualised Therapeutic Programmes are an important element of the service.

The Multi-Disciplinary Team develop, co-ordinate and deliver multi-faceted programmes of Social, Health and Creative Therapies.

This Allows for a Range of Therapeutic Activities including:

- Interpersonal Skills Workshops
- Financial Management
- Basic Computer Skills
- Literacy
- Reminiscence Therapy
- Cognitive Behaviour Therapy
- Sexual Health & Related Matters
- Sensory Therapy
- Arts and Creative Activities
- Music Appreciation
- Cooking and Housekeeping
- Gardening and Horticulture
- Personal Care
- Sporting Activities
- Exercise Classes
- Religious Counselling

We also Provide Access to Community Facilities Including:

- Colleges
- Leisure Centres
- Cinemas
- Pubs
- Restaurants
- Social Clubs
- Bowling
- Excursions
- Shops
- Theatres

Curate provides transport for Patient's to access Community Facilities.



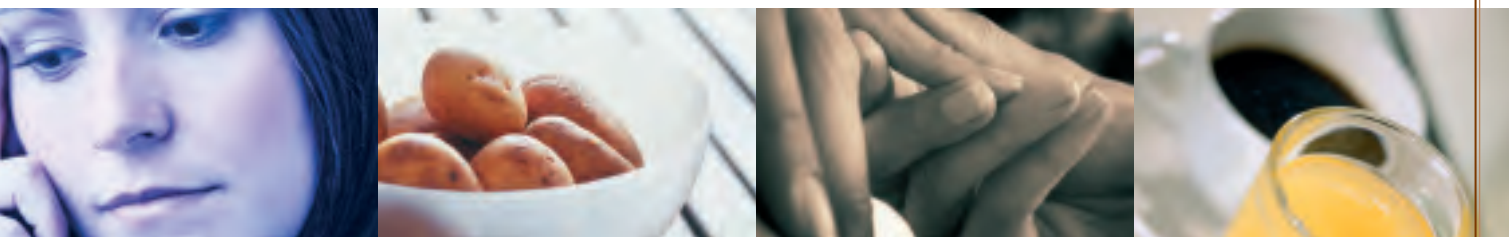
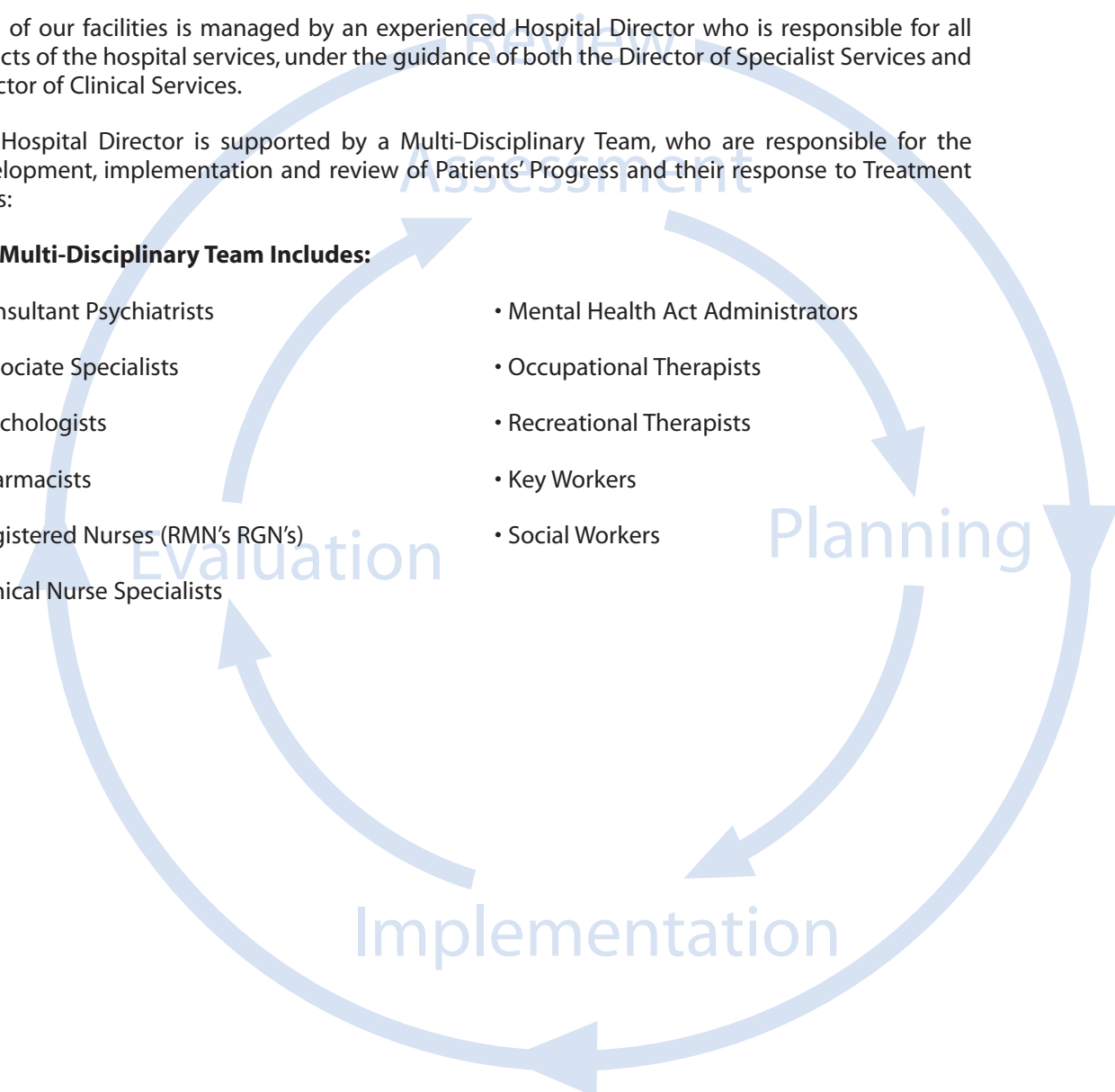
Multi-Disciplinary Team (MDT)

Each of our facilities is managed by an experienced Hospital Director who is responsible for all aspects of the hospital services, under the guidance of both the Director of Specialist Services and Director of Clinical Services.

The Hospital Director is supported by a Multi-Disciplinary Team, who are responsible for the development, implementation and review of Patients' Progress and their response to Treatment Plans:

The Multi-Disciplinary Team Includes:

- Consultant Psychiatrists
- Associate Specialists
- Psychologists
- Pharmacists
- Registered Nurses (RMN's RGN's)
- Clinical Nurse Specialists
- Mental Health Act Administrators
- Occupational Therapists
- Recreational Therapists
- Key Workers
- Social Workers



Outcomes

The Foundation of our mental health services is their ability to assist a Patient to realise the outcomes that are important to them

OUR 3 CATEGORIES OF PATIENT OUTCOMES ARE:

“POSITIVE SELF” OUTCOMES

These contribute to the attainment of additional positive outcomes.

- Empowerment and Self-Esteem
- Personal Safety
- Consumer Satisfaction
- Awareness
- Equal Opportunity

CLINICAL OUTCOMES

These Address Issues of Health and the Treatment of Illness

- Symptom Relief
- Psychological Wellbeing
- Physical Health Wellbeing

COMMUNITY LIVING AND SOCIAL INCLUSION OUTCOMES

These Relate to Areas of Successful Living

- Social Relations and Support
- Meaningful Activities and Occupations
- Goal Attainment
- Living within a Supportive Community
- Free from Stigma and Marginalisation



Quality Assurance

QUALITY ASSURANCE & CLINICAL GOVERNANCE

Clinical Governance

Our Clinical Governance is designed to provide a framework for safeguarding high standards of care and improving the quality of our services by creating an environment in which excellence in clinical care will flourish.

We have a Clinical Governance Board comprising of "in house" and external professionals who provide clinical leadership and a positive organisational culture that puts the patients at the centre of care.

The key aspects of our approach to Clinical Governance include the following areas:

- Clinical Audit and Risk Management
- Evidence Based Practice
- Continuing Personal and Professional Development of staff
- Patient, Staff and Stakeholder Involvement
- Robust Organisational and Reporting Structures

Stakeholder Feedback

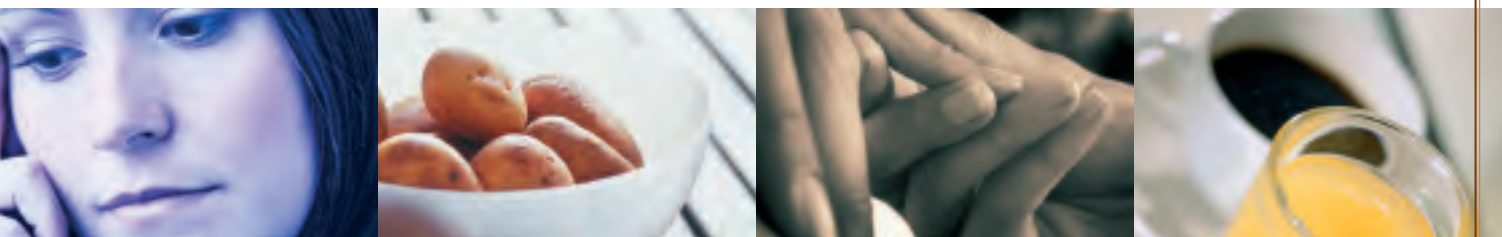
We carry out patient surveys every six months to enable us to provide Stakeholder Feedback. The survey formats have been created to meet the needs of the different client groups who use our services.

The surveys can be completed independently, or with support from external advocacy services, family, friends or care home staff and can, if desired, be kept anonymous.

The evaluation of these surveys forms a part of our overall quality monitoring service, with outcomes being published in prospective service users guides. Summaries of the surveys are also presented to the respective Care Standards Inspectorate.

Quality Assurance

Curate is part of Caring Homes Group Limited, who are accredited with ISO 9001 (2000) and is Hospitality Assured.



Environment

Our Independent Hospitals provide Safe, Sound and Supportive Environments, which exceed Statutory Requirements and Required Good Practice:

Our Independent Hospitals:

- Underpin the Principles of Rehabilitation and Risk Management
- Have Occupational and Recreational Opportunities
- Ensure a Safe and Therapeutic Environment
- Are Located in Appropriate Community Settings
- Minimise the Opportunity for Patients to Harm Themselves or Others
- Provide a Care Pathway for Patients

Within each of our Services, Patients can Expect Facilities that:

- Have High Standards in Décor, Fixtures and Fittings
- Provide Single En-Suite Bedrooms
- Provide Personal Living Spaces Reflecting Patient Preferences
- Provide Attractive Lounges
- Provide Separate Dining Rooms
- Provide Designated Therapeutic Space
- Provide Skills and Rehabilitation Kitchens
- Provide Educational Facilities
- Are in Community Settings Close To Amenities and Facilities
- Provide Safe and Attractive Gardens
- Provide Unobtrusive Security



For Further Information
Please Call:
Freephone 0808 1661413



CURATE

Curate Hospitals, Suite 15B, Stone Cross Lane North
Stone Cross Place, Lowton, Warrington, Cheshire WA3 2SH

Executive Director Profiles

Paul Jeffery – Chief Executive Officer

Paul has worked in the sector for over 12 years having initially established an elderly care business before becoming involved in the learning disability and mental health sector. He founded Curate and has been responsible for the development and implementation of its strategy, philosophy and management structure. He is heavily involved in the design, project management and commissioning of new services.

Paul is a Certified Accountant. He has extensive experience of successfully managing multi-site, diverse healthcare operations that provide quality services to LA and NHS purchasers. He has a strong understanding of NHS strategic initiatives for mental health services and is committed to the development of innovative services that meet these initiatives.

Dr Alan Whittle - Specialist Services Director

Dr Alan Whittle has worked in the mental health and learning disability sectors for over 20 years in both the public and independent sectors. He worked in the NHS for over 13 years and during this period he was Head of Women's Services at Ashworth Hospital. Prior to joining Curate, he was Director of Clinical Services and subsequently Business Development Director for a large independent provider. In these roles, he was responsible for developing innovative models for mental health and learning disability services in partnership with the NHS and Social Services.

Alan's professional qualifications include an RMN qualification, degrees in both Nursing and Health studies and a Doctorate in Public Health and Health Service Management. During his time in the NHS, he was seconded to work in a variety of settings both here and overseas as an advisor in the development of new services.

Frank Cummins – Clinical Services Director

Frank has worked in the mental health and learning disability sectors for over 20 years in both the public and independent sectors. He has worked in the NHS for over 15 years and held senior positions within the high secure psychiatric sector at Ashworth Hospital. Prior to joining Curate, he was Director of Clinical Services at a large independent provider. In this role, he was responsible for introducing a robust clinical governance framework for the delivery and evaluation of clinical services.

Frank's professional qualifications include an RMN qualification and expertise in developing quality assurance systems. Frank has developed audit tools for measuring quality standards and evaluating "futures planning" that are specifically tailored to the mental health and learning disability fields. These have achieved national recognition through Health Quality System (HQS) Accreditation.

Executive Director Profiles

James Allen - Development Director

James has worked in the healthcare sector for over 14 years in both the public and independent sectors. In the NHS he was Executive Director responsible for service development and modernisation of services in line with NHS Plan and NSF's/White Papers for Mental Health Services, Forensic Services and Learning Disability Services. Prior to joining Curate, he was Development Director for Mental Health and Learning Disabilities services for a large independent provider. In this role, he worked closely with the NHS and LA's on service development.

James' professional qualifications include a Masters in Public Administration. He is well known in the sector and was invited to give evidence to the House of Commons Select Committee as part of the consultation on the Draft Mental Health Incapacity Bill.

